



## An Innovative Approach to Healing in the Workplace

### The H.O.P.E. Workshops

Broken into four modules (H-O-P-E), our workshops help you address three important questions:

- **How do you respond to an employee affected by trauma?**
- **How do you reintegrate this employee into the workplace?**
- **Can you ensure your business prospers after trauma affects a team member?**

<b>H</b>	<b>Heart-Based Healing</b> The Heart-Based Healing Workshop includes discussion surrounding bringing our whole selves to work, trauma in our lives causing "foggy brain" at work, and finding a safe place to ensure our work location is a place for emotional healing.
<b>O</b>	<b>Opportunities for Healing</b> The Opportunities Workshop helps employees learn how to hold critical conversations with coworkers, provide resources for healing, and present practical tools on how to create and/or enhance a physical environment for healing.
<b>P</b>	<b>Personalized Purpose</b> The Personalized Purpose Workshop assists employees in designing a team-based approach to help a coworker in trauma by naming each team member based on personal attributes and tasks. Specific trauma events will be shared based on the attendees present.
<b>E</b>	<b>Employee-Employer Engagement</b> The Employee-Employer Engagement Workshop includes specifics surrounding role playing and training. A future "trauma plan" and boots on the ground approach will be developed along with the establishment of a trauma team and strategy.

## WHY CHOOSE US

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An entrepreneur and former CEO of a successful wealth management firm, Mindy Corporon began her career as an executive assistant. She was a single mother dealing with divorce and later overcame a life-threatening illness.

After reaching the pinnacle of her professional career, and in the middle of raising two teenage boys, tragedy struck. Mindy's father and oldest son were murdered by a white supremacist intent on killing Jews.

There was no way she would ever be the same. The community rallied around her. People from other religions held support vigils and she was asked to speak at a Mosque by a family holding services for their young son killed in a separate act of religious violence.

Mindy took action. She started the **Faith Always Wins Foundation** and a community-wide event, **SevenDays®**. She also formed high school programming for productive Interfaith dialogue and now helps companies create healthy workplace environments so healing can occur after tragedy.



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As a professional in marketing, Lisa K. Cooper has always had a gift for communicating. She earned a reputation for driving creative solutions to clients' business problems leading national brands at advertising agencies and Fortune 500 companies across the Midwest. She built upon her corporate success by launching a consulting practice and sharing her expertise teaching graduate-level marketing classes.

Little did she know, her mother's death would produce her most rewarding professional accomplishment. Based on her personal experiences with grief and hope, Lisa was motivated to help others ease the pain of loss and find a place for grieving hearts to heal.

Lisa wrote about her experiences and relationship with her mother in ***You Are My Voice: How Love's Voice Never Dies***, an inspirational memoir. Lisa is a speaker and workshop facilitator creating communities of healing on topics such as: **How Love Never Dies, Opening Hearts, and Balancing the Head and Heart after Loss.**

Lisa offers one-on-one consults to help people transition from grief to hope, and assists companies in developing innovative approaches to healing trauma in the workplace.



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